# Breakfast

Available from 6:30AM to 10:30AM, Dial Service Express®,

AMERICAN RREAKEAST ¥4 680

Juice\*, Bakery\*, Eggs\*, Beverages\*, Fruit, Green salad, Yogurt.

CONTINENTAL BREAKFAST ¥3,800

Juice\*, Bakery\*, Beverages\*, Fruit, Green salad, Yogurt.

Juice\* Please choose 1 from the menu below. Orange / Apple / Grapefruit / Vegetable / Tomato

Bakery\* Please choose 2 from the menu below. Croissant / Muffin / Toast / Brioche / Danish

Eggs\* Please choose 1 from the menu below. Sunny-side up / Over easy / Omelette / Poached / Scrambled / Boiled (Please specify the boiled time) \*Choose of 1 side from Bacon, Ham or Sausage.

Beverages\* Please choose 1 from the menu below. Coffee / Decaf coffee / Tea with lemon / Tea with milk / Milk / Non-fat milk / Hot chocolate

### Entrées

FRIED EGG(Sunny-side up / Over easy) WITH FRENCH FRIES\* / OMELETTE WITH FRENCH FRIES\* / POACHED EGG WITH FRENCH FRIES\* / SCRAMBLED EGG WITH FRENCH FRIES\* / BOILED EGG WITH FRENCH FRIES\* ¥2,720 (please specify the boiled time)

\*Choose of 1 side from Bacon, Ham or Sausage.

PANCAKES\* ¥3,240

WAFFLES\* ¥3.240

FRENCH TOAST\* ¥3,240

\*with Fresh fruits, Honey, Maple syrup, Chocolate sauce

CONGEE ¥1,570

JAPANESE RICE BALL ¥1,570

(Pickled ume, Salted cod roe, Salmon)

JAPANESE RICE BALL SET ¥2,090

Rice ball (Pickled ume, Salted cod roe, Salmon) with miso soup and Japanese pickles

### Breads + Pastries

### BAKERY WITH JAM AND BUTTER ¥1.310

\*Choose 3 from the menu below Croissant, Chocolate danish, Muffin, Brioche, Toast, English muffin, Baguette, Gluten free rice bread

### Side Orders

MIXED GREEN SALAD WITH GREEN PERILLA NON-OIL DRESSING ¥2,000

FRENCH FRIES ¥1,460

# Eat Well Menu

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you, Available from 6:30AM to 10:30AM, Dial Service Express®.

PAN FRIED STICK RICE CAKE WITH BROWN SUGAR SYRUP

Half ¥1,640 | Full ¥2,620

LIGHT SPICY SOFT BEAN CURD Half ¥990 | Full ¥1,650

CHONGQING CHICKEN PORRIDGE

Half ¥1,120 | Full ¥1,730



### OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

# Breakfast

Available from 6:30AM to 10:30AM. Dial Service Express®

# Westin Fresh by The Juicery Fresh

Apple, Spinach, Lemon, Parslev ¥2.190 Carrot, Honeydew melon, Turmeric ¥2,780

Papaya, Pineapple, Mint ¥2,780 Celery, Cucumber, Lime, Coconut water ¥2,190

# Fruits, Juices + Yogurts

3 Bananas ¥990 Papaya ¥3,300 1/4 Melon ¥4,090 Mango ¥2,990 Assorted fruits ¥3.940 Fresh berries ¥2.360

Yogurt (plain or low-fat) ¥1,240 Fresh orange juice ¥2,490 Fresh grapefruit juice ¥2,490

Juice (Orange, Apple, Grapefruit or Tomato) ¥1,240

# Cereals

Corn flakes ¥1,340 All bran ¥1,340

Choco crispies ¥1,340 Brown rice flakes ¥1,340

Fruit granola ¥1,340

Corn flakes (gluten free) ¥1,340

Hot oatmeal ¥1,610

\*with regular, non-fat milk or soy milk

## Coffee, Tea + Milk ¥1,420

Coffee / Decaf coffee / Café au lait / Espresso / Café latte / Cappuccino / Hot chocolate / English breakfast / Earl grey / Darjeeling lukull / Rooibos cape orange / White peony / Decaffeinnated tea / Iced coffee / Iced tea / Milk / Non-fat milk / Soy milk

# Westin Weekend Breakfast Menu

Weekends last longer at Westin hotels, with extended breakfast hours.\* Whether you sleep in and slow down or jump-start your day with a WestinWORKOUT, you can dine at your own pace. Available Saturdays and Sundays from 6:30AM until 3:00PM.

AMERICAN BREAKFAST ¥4.680

Juice\*, Bakery\*, Eggs\*, Beverages\*, Fruit, Green salad, Yogurt.

CONTINENTAL BREAKFAST ¥3,800

Juice\*, Bakery\*, Beverages\*, Fruit, Green salad, Yogurt.

Juice\* Please choose 1 from the menu below. Orange / Apple / Grapefruit / Vegetable / Tomato

Bakery\* Please choose 2 from the menu below. Croissant / Muffin / Toast / Brioche / Danish

Eggs\* Please choose 1 from the menu below. Sunny-side up / Over easy / Omelette / Poached / Scrambled / Boiled (Please specify the boiled time) \*Choose of 1 side from Bacon, Ham or Sausage.

Beverages\* Please choose 1 from the menu below. Coffee / Decaf coffee / Tea with lemon / Tea with milk / Milk / Non-fat milk / Hot chocolate

FRIED EGG(Sunny-side up / Over easy) WITH FRENCH FRIES\* / OMELETTE WITH FRENCH FRIES\* / POACHED EGG WITH FRENCH FRIES\* /SCRAMBLED EGG WITH FRENCH FRIES\* / **BOILED EGG WITH FRENCH FRIES\*** ¥2,720 (please specify the boiled time)

\*Choose of 1 side from Bacon, Ham or Sausage.

WAFFLES ¥3,240

with Fresh fruits, Honey, Maple syrup, Chocolate sauce

CORN FLAKES\* ¥1,340 FRUIT GRANOLA\* ¥1,340

\*with regular, non-fat milk or soy milk

FRESH BERRIES ¥2.360

ASSORTED FRUITS ¥3,940

YOGURT (PLAIN OR LOW-FAT) ¥1,240

Enjoy breakfast longer on weekends – see our Westin Weekend Breakfast Menu page for details\* All prices include tax and service charge

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness

# All-Day Dining

This menu is available from 10:30AM to 10:00PM. Japanese menu is available from 11:30AM to 2:00PM, 5:30PM to 9:00PM. Please order by pressing the Service Express® button located on your phone.

ONION SOUP ¥1,940

**VEGETABLE MINESTRONE** ¥1,780

CHIPS AND SALSA ¥1,980

FRUIT SALAD WITH PROSCIUTTO ¥3,690

ASSORTED SAUSAGE PLATE ¥2.620

FRIED CHICKEN WINGS

SERVED WITH STEWED BEANS ¥2,490

FISH AND CHIPS ¥2,620

ZAO MOZZARELLA CHEESE AND TOMATO SALAD ¥2,050

SMOKED SALMON WITH SALAD ¥2,990

ASSORTED CHEESE PLATE ¥3,720

APPETIZER PLATE ¥1,780

MIXED GREEN SALAD

WITH GREEN PERILLA NON OIL DRESSING ¥2,000

CAESAR SALAD WITH PROSCIUTTO ¥2,400

**TRIPLE-DECKER SANDWICH WITH SALAD** ¥2,360 (Ham, Cheese, Tomato, Egg and Cucumber)

WESTIN CLUBHOUSE SANDWICH

WITH FRENCH FRIES AND SALAD ¥3,430

(Chicken breast, Egg, Bacon, Tomato and Lettuce)

MIYAGI BEEF BURGER WITH FRENCH FRIES

AND SALAD ¥4,340

(Cheese, Bacon, Onion, Tomato)

**VEGETARIAN SANDWICH WITH SALAD** ¥2,360 (Tomato, Cucumber, Onion, Lettuce and Avocado)

SAUTEED ANGEL PRAWNS AND SCALLOPS ¥5,390

served with stewed mixed beans

U.S. BEEF SIRLOIN STEAK (150g) ¥7,980

served with steamed vegetables, red wine sauce

AUSTRALIAN BEEF FILLET STEAK (150g) ¥7,980

served with steamed vegetables, red wine sauce

A5 SENDAI BEEF FILLET STEAK (120g) ¥17,710

served with steamed vegetables, perigueux sause

SPAGHETTI WITH CRAB,
SHRIMP AND TOMATO SALICE ¥2 990

CREAMY SPAGHETTI WITH BACON AND

MUSHROOM ¥2,990

SPAGHETTI BOLOGNESE ¥2,990

\*Please order rice or bread and salad from Menu.

BEEF CURRY ¥3,690

with rice and naan, steamed vegetables

BEEF TONGUE STROGANOFF ¥3,690

with rice and steamed vegetables

BEEF TONGUE AND FOIE GRAS ON RICE ¥4,950

with miso soup and Japanese pickles

NAAN BREAD MIXED PIZZA ¥2,450

(Smoked salmon, Shrimp and Bacon)

CONTINENTAL BREAKFAST ¥4,235

Juice, 2 kinds of bakery, Small salad & Fruits, Yogurt and Coffee

JAPANESE RICE BALL ¥2.090

(Pickled ume, Salted cod roe, Salmon)

with miso soup and Japanese pickles

FRENCH FRIES ¥1,460

MASHED POTATOES

WITH SLICED ALMOND AND GARLIC CHIPS ¥1,760

STEAMED SEASONAL VEGETABLES ¥2,360

RICE OR BREAD & BUTTER ¥690

SMALL SALAD ¥550

ICE CREAM OF THE DAY ¥1,340

LOCAL PRODUCTS "DADACHA-MAME" BEAN

ICE CREAM ¥1,340

BELGIAN WAFFLE WITH FRESH FRUIT ¥3,240

CAKE OF THE DAY ¥1,460

ASSORTED FRUITS ¥3,940

# Japanese (Japanese Restaurant ICHIMUAN)

Available from 11:30AM to 2:00PM, 5:30PM to 9:00PM (Last order 8:30PM)

ASSORTED JAPANESE BAR SNACKS

(Fresh mullet roe with radish, Edamame and others) ¥4,600

JAPANESE NOODLES WITH PRAWN TEMPURA GOZEN ¥6,000

PRAWN TEMPURA ON RICE GOZEN ¥8,800

GRILLED EEL ON RICE ¥10,000

BEEF STEAK ON RICE GOZEN ¥12,500

NIGIRI SUSHI GOZEN ¥14,500

GRILLED ROBSTER GOZEN ¥17,600

A5 SENDAI BEEF LOIN STEAK GOZEN ¥17,600

A5 SENDAI BEEF FILLET STEAK GOZEN ¥19,000



### OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

# Late-Night Dining

This menu is available from 10:00PM to 6:30AM.Please order by pressing the Service Express® button located on your phone.

SPINACH RED QUINOA AND FRISEE SALAD, COTTAGE CHEESE, TART CHERRIES, WALNUTS, LEMON VINAIGRETTE ¥2.160

MIXED GREEN SALAD
WITH GREEN PERILLA NON OIL DRESSING ¥2,000

FRUIT GRANOLA ¥1,340

ASSORTED FRUITS ¥3,940

ONION SOUP ¥1.940

BEEF CURRY WITH SALAD ¥3,690

**BEEF TONGUE STROGANOFF** ¥3,690

TURKEY AVOCADO WRAP, ARUGULA SALAD ¥2,420

TRIPLE-DECKER SANDWICH WITH SALAD ¥2.360

MIXED NUTS ¥1,180

## Dessert

STRAWBERRY SPONGE CAKE ¥1,460

# Eat Well Menu

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you. Available from 10:30AM to 10:00PM. Dial Service Express®.

RICE CONGEE WITH PURPLE POTATO, CORN & BEETROOT Half ¥1.120 | Full ¥1.790

SOBA NOODLE WITH ROASTED BROCCOLI, GENOVESE PESTO

Half ¥1,810 | Full ¥2,920

SLOW POACHED CHICKEN WITH SOY & GINGER SAUCE Half \$2,250 | Full \$3,660

TOFU, TOMATO WITH BLACK OLIVES

Half ¥1,520 | Full ¥2,420

PARMA HAM, CANTALOUPE & ARUGULA SALAD

Half ¥2,250 | Full ¥3,660

SEA BREAM & SEASONAL VEGETABLES FRITTERS WITH MATCHA SOLT
Half ¥2,670 | Full ¥4,340

\*Please order rice or bread and salad from Menu.

All prices include tax and service charge.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

# Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy. Available from 6:30AM to 9:00PM. Dial Service Express®.

# Breakfast

Available from 6:30AM to 11:30AM

PANCAKE LOLLIPOPS ¥1,670

Banana and blueberries cooked into pancake and served with low-fat yogurt, fruit salad and syrup

CEREAL ¥1.340

Served with seasonal fruit and milk

**PEANUT BUTTER AND BANANA SANDWICH** ¥1,650 Served on whole wheat bread with seasonal fruit

### Lunch and Dinner

Available from 11:30AM to 9:00PM

BUILD YOUR OWN SALMON SALAD ¥2,360

Poached salmon with mixed greens, egg, potato, green beans, beets, cherry tomatoes and more

CHICKEN FINGERS ¥1,890

Baked chicken with corn-flake breading served with carrots, celery sticks and low-fat ranch sauce

SPAGHETTI BOLOGNESE ¥1,560

Whole wheat spaghetti with tomato sause

DR. GREG'S DECONSTRUCTED CAESAR SALAD ¥2,040

Grilled chicken, greens, parmesan crisp, croutons, bacon bits and caesar dressing

PRAWN RICE ROLL ¥1,890

Prawns, rice vermicelli, onions, carrots, lettuce rolled in rice crepes

GRILLED TURKEY BURGER ¥2,040
With lettuce, tomato, oven-roasted sweet potatoes and vegetable crudités

## Dessert

**FRESH BERRY MILLE-FEUILLE** ¥1,890 Filo pastry layered with fresh berries,

low-fat yogurt and whipped cream

FRUIT SALAD ¥1,890

Cored apple filled with fresh fruit

### Drinks

FRUIT SMOOTHIE ¥2,270

Strawberries, blueberries and bananas blended with orange juice and honey

PINEAPPLE & STRAWBERRY SMOOTHIE ¥2,270

Made with almond coconut milk

# Sleep Well Menu

Enjoy these nutritious selections 1–2 hours before bedtime to enhance your rest and enrich your well-being. \*Available 24/7. Dial Service Express®.

### **WESTIN SLEEPWELL MENU**

Spinach red quinoa and frisee salad, cottage cheese, tart cherries, walnuts, lemon vinaigrette ¥2,160

Turkey avocado wrap, arugula salad ¥2,420

Tofu with blueberry compote ¥1,720

### BEDTIME SNACK

Non-fat yogurt with a granola walnut topping ¥1,670

### HERBAL TEA

<JING Tea>Peppermint ¥1,670

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. These selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

### TRYPTOPHAN

Boosts serotonin production and enhances sleepiness

### MELATONIN

Resets sleep-wake cycles, combating jet lag and improving sleep quality

### HIAMIN

Important B vitamin that helps improve sleep patterns

## **MAGNESIUM & POTASSIUM**

Electrolytes often lost during travel that help promote sleep and prevent insomnia

### FOLATE

Helps fight fatigue during the day and promotes sound sleep at night

### SEROTONIN

Promotes relaxation and induces sleepiness

# Beverages

This menu is available all day. Please order by pressing the Service Express® button located on your phone.

# Mineral Water

Non-carbonated Acqua panna (500ml)	¥1,560
Sparkling Perrier (330ml)	¥1,560
Sparkling Sanpellegrino (500ml)	¥1,560

# Soft Drink

Oolong tea	¥1,240
Pepsi-cola / Pepsi-cola zero	¥1,240
Ginger ale	¥1,240
Fresh orange juice	¥2,490
Fresh grapefruit juice	¥2,490

Juice (Orange, Apple, Grapefruit or Tomato) ¥1,240

# Coffee, Tea, Milk ¥1,420 Coffee / Decaf coffee / Café au lait /

Espresso / Café latte / Cappuccino / Hot chocolate / English breakfast / Earl grey / Darjeeling lukull / Rooibos cape orange / White peony / Decaffeinnated tea / Iced coffee / Iced tea / Milk / Non-fat milk / Soy milk

# Champagne

By the glass \$4,090 Bottle \$22,170

# Sparkling Wine

By the glass ¥2,460 Bottle ¥12,140

## White Wine

By the glass ¥2,250 Bottle ¥11,300

## Red Wine

By the glass \$2,250 Bottle \$11,300

## Beer

Kirin lager (334ml) ¥1,680 Suntory premium malts (334ml) ¥1,680

# Japanese Sake

Jananese Sake (300mℓ) ¥2,830

<sup>\*</sup>Responsibility matters. Must be of legal drinking age or older to purchase and/or consume alcohol. Vintages are subject to change; please ask your server when making your selection.

All prices include tax and service charge.